

# Ascension

## August/September 2018

### HOT LUNCH

Price: Student - \$3.40, Adult - \$3.65

#### SERVED DAILY

**Done Right Food**  
School & Event Catering Services



Regular Entrée  
Fresh Green Salad - Garden, Caesar, Spinach Mix, OR Oriental  
Fresh Veggies - Carrots, Broccoli, Cucumber, Tomatoes OR Celery  
 Dressing/Dip  
Fresh Fruit - Apple, Orange, OR Banana  
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
<b>August 27th</b>	<b>August 28th</b>	<b>August 29th</b>	<b>August 30th</b>	<b>August 31st</b>
Turkey Hot Dog Baked Beans Salad, Fruit, Milk	Swedish Meatballs w/ Steamed Rice Salad, Veggies, Fruit, Milk	Italian Sloppy Joe Salad, Veggies, Fruit, Milk	Hamburger Roasted Potatoes Salad, Fruit, Milk	Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk
<b>3rd</b>	<b>4th</b>	<b>5th</b>	<b>6th</b>	<b>7th</b>
<b>Labor Day</b>	Hamburger Baked Chips Salad, Veggies, Fruit, Milk	Chicken Philly Hoagie Potato Wedges Salad, Fruit, Milk	Turkey Hot Dog Pinto Beans Salad, Fruit, Milk	Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk
<b>10th</b>	<b>11th</b>	<b>12th</b>	<b>13th</b>	<b>14th</b>
Hamburger Deli Coleslaw Salad, Fruit, Milk	Italian Sloppy Joe Salad, Veggies, Fruit, Milk	Chicken & Cheese Nachos Chips & Corn Salad Salad, Fruit, Milk	Turkey Hot Dog Refried Beans Salad, Fruit, Milk	Mac & Cheese Soft Breadstick Salad, Veggies, Fruit, Milk
<b>17th</b>	<b>18th</b>	<b>19th</b>	<b>20th</b>	<b>21st</b>
Hamburger Salad, Veggies, Fruit, Milk	Chicken Philly Hoagie Salad, Veggies, Fruit, Milk	Turkey Hot Dog Baked Beans Salad, Fruit, Milk	Chicken Strips Steamed Corn w/ Roll Salad, Fruit, Milk	Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk
<b>24th</b>	<b>25th</b>	<b>26th</b>	<b>27th</b>	<b>28th</b>
Turkey Hot Dog Pinto Beans Salad, Fruit, Milk	Italian Chicken Sub Salad, Veggies, Fruit, Milk	Chicken Strips Mashed Potatoes & Roll Salad, Fruit, Milk	Orange Glazed Chicken Steamed Rice Salad, Veggies, Fruit Milk	Mac & Cheese Soft Breadstick Salad, Veggies, Fruit, Milk

### BREAKFAST

Price: Student - \$2.00, Adult - \$2.00

#### SERVED DAILY

Fruit Juice - Apple, Mixed Berry, Kiwi/Strawberry  
Fruit - Apple, Orange, Banana, Raisins, Applesauce  
 Variety of Milk, including Skim

Breakfast Loaf String Cheese Fruit, Juice, Milk	Fruit Yogurt w/ Granola Fruit, Juice, Milk	Breakfast Cereal String Cheese Fruit, Milk	Assorted Muffins Fruit Yogurt Fruit, Juice, Milk	Cereal Bar String Cheese Fruit, Juice, Milk
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### SNACK

Price: Student - No Charge

Multi-Grain Bar Fruit Juice	Animal Crackers Fruit Juice	Sun Chips Fruit Juice	Oatmeal Bar Fruit Juice	Pretzels Fruit Juice
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**MENUS SUBJECT TO INFREQUENT CHANGE  
 BASED ON AVAILABILITY OF ITEMS**  
 Note: Menus may use ingredients that contain peanuts,  
 other nuts/seeds, milk, egg, soybean, and other products.

*This institution is an equal opportunity provider.*

**Our Commitment**  
**"Healthy Food, Healthy Message"**  
 We provide wholesome, delicious, real food  
 that helps teach the right message to children.

**ANY QUESTIONS? CONTACT:**  
 School Office @ 612-521-3609 or  
 DONE RIGHT FOOD @ 763-789-4493 or  
[www.donerightfood.com](http://www.donerightfood.com)