

Ascension

December 2017

HOT LUNCH

Price: Student - \$3.30, Adult - \$3.60

SERVED DAILY

Regular Entrée and/or Meatless/Vegetarian Entrée
Fresh Green Salad - Garden, Caesar, Spinach Mix, Oriental, OR Mediterranean
Fresh Veggies - Carrots, Broccoli, Cucumber, OR Celery
 Dressing/Dip
Fresh Fruit - Apple, Orange, OR Banana

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|
|  | | | | 1st |
| | | | | Meatball Hoagie Potato Salad Veggies, Fruit, Milk VEG - Multi-Cheese Hoagie |
| 4th | 5th | 6th | 7th | 8th |
| Chicken Strips Hummus Dip Salad, Veggies, Fruit, Milk VEG - White Bean Chili & Biscuit | Italian Pasta w/ Meatsauce Soft Breadstick Salad, Veggies, Fruit, Milk VEG - Cheesy Pasta | Turkey Corn Dog Potato Salad Salad, Veggies, Fruit, Milk VEG - Hummus w/ Chips | Hamburger Pinto Beans Veggies, Fruit, Milk VEG - Cheese Enchilada Bake | Buffalo Chicken Sandwich Potato Wedges Salad, Fruit, Milk VEG - Italian Cheese Sub |
| 11th | 12th | 13th | 14th | 15th |
| Chicken Strips Veggies & Hummus Dip Salad, Fruit, Milk VEG - Vegetable Bean Soup & Roll | Pasta w/ Meatballs Soft Breadstick Salad, Veggies, Fruit, Milk VEG - Cheesy Pasta | Turkey Corn Dog Steamed Corn Salad, Veggies, Fruit, Milk VEG - Egg Salad Sub | Hamburger Baked Beans Salad, Veggies, Fruit, Milk VEG - Santa Fe Cheese Wrap | BBQ Beef on Bun Carrot Slaw Salad, Fruit, Milk VEG - Italian Cheese Hoagie |
| 18th | 19th | 20th | 21st | 22nd |
| Chicken Strips Bean Dip Salad, Veggies, Fruit, Milk VEG - Vegetable Bean Soup & Muffin | Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk ALT - Same | Turkey Corn Dog Steamed Corn Veggies, Fruit, Milk VEG - Multi-Cheese on Bun | Hamburger Baked Beans Salad, Fruit, Milk VEG - Cheese Quesadilla | Italian Chicken Sub Carrot Slaw Salad, Fruit, Milk VEG - Egg Salad Sub |
| 25th | 26th | 27th | 28th | 29th |
| Christmas Break | Christmas Break | Christmas Break | Christmas Break | Christmas Break |

BREAKFAST

Price: Student - \$2.00, Adult - \$2.00

SERVED DAILY

Fruit Juice - Apple, Mixed Berry, Kiwi/Strawberry
Fruit - Apple, Orange, Banana, Raisins, Applesauce
 Variety of Milk, including Skim

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|---|--|--|--|---|
| Breakfast Loaf String Cheese Fruit, Juice, Milk | Fruit Yogurt w/ Granola Fruit, Juice, Milk | Breakfast Cereal String Cheese Fruit, Milk | Assorted Muffins Fruit Yogurt Fruit, Juice, Milk | Breakfast Cereal String Cheese Fruit, Juice, Milk |
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SNACK

Price: Student - No Charge

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|--------------------------------|--------------------------------|--------------------------|--------------------------------|-------------------------|
| Multi-Grain Bar Fruit Juice | Animal Crackers Fruit Juice | Sun Chips Fruit Juice | Multi-Grain Bar Fruit Juice | Pretzels Fruit Juice |
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**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**
 Note: Menus may use ingredients that contain peanuts,
 other nuts/seeds, milk, egg, soybean, and other products.

This institution is an equal opportunity provider.

Our Commitment
“Healthy Food, Healthy Message”
 We provide wholesome, delicious, real food
 that helps teach the right message to children.

ANY QUESTIONS? CONTACT:
 School Office @ 612-521-3609 or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com