

Ascension

May/June 2018

HOT LUNCH

Price: Student - \$3.30, Adult - \$3.65

SERVED DAILY

Regular Entrée
Fresh Green Salad - Garden, Caesar, Spinach Mix, Oriental, OR Mediterranean
Fresh Veggies - Carrots, Broccoli, Cucumber, OR Celery
 Dressing/Dip
Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
|  | 1st | 2nd | 3rd | 4th |
| | Pasta w/ Meatballs Soft Breadstick Salad, Veggies, Fruit, Milk | Chicken Strips Steamed Corn Salad, Fruit, Milk | Soft Shell Turkey Taco Baked Beans Salad, Veggies, Fruit, Milk | Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk |
| 7th | 8th | 9th | 10th | 11th |
| Turkey Hot Dog Bean Dip Salad, Veggies, Fruit, Milk | Hamburger Carrot Slaw Salad, Veggies, Fruit, Milk | Salisbury Steak Steamed Corn & Roll Salad, Fruit, Milk | Soft Shell Chicken Taco Refried Beans Salad, Veggies, Fruit, Milk | BBQ Beef on Bun Deli Coleslaw Veggies, Fruit, Milk |
| 14th | 15th | 16th | 17th | 18th |
| Turkey Hot Dog Bean Dip Salad, Veggies, Fruit, Milk | Chicken Mostaccioli Soft Breadstick Salad, Veggies, Fruit, Milk | Meatball Hoagie Potato Salad Veggies, Fruit, Milk | Hamburger Baked Beans Salad, Veggies, Fruit, Milk | Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk |
| 21st | 22nd | 23rd | 24th | 25th |
| White Chicken Chili Southern Biscuit Salad, Veggies, Fruit, Milk | Hamburger Deli Coleslaw Salad, Veggies, Fruit, Milk | Chicken Strips Potato Salad Salad, Veggies, Fruit, Milk | Beef Enchilada Bake Pinto Beans & Roll Salad, Fruit, Milk | Buffalo Chicken Sandwich Potato Wedges Salad, Fruit, Milk |
| 28th | 29th | 30th | 31st | June 1st |
| No School | Chicken Alfredo Garlic Breadstick Salad, Veggies, Fruit, Milk | Beef & Bean Chili Tortilla Chips Salad, Veggies, Fruit, Milk | Hamburger Baked Beans Salad, Fruit, Milk | Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk |
| June 4th | June 5th | June 6th | June 7th | June 8th |
| Turkey Hot Dog Bean Dip Salad, Veggies, Fruit, Milk | Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk | Chicken Strips Steamed Corn Veggies, Fruit, Milk | Soft Shell Beef Taco Baked Beans Salad, Fruit, Milk | Teriyaki Chicken Leg Steamed Corn & Roll Salad, Veggies, Fruit, Milk |

BREAKFAST

Price: Student - \$2.00, Adult - \$2.00

SERVED DAILY

Fruit Juice - Apple, Mixed Berry, Kiwi/Strawberry
Fruit - Apple, Orange, Banana, Raisins, Applesauce
 Variety of Milk, including Skim

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|---|--|--|--|---|
| Breakfast Loaf String Cheese Fruit, Juice, Milk | Fruit Yogurt w/ Granola Fruit, Juice, Milk | Breakfast Cereal String Cheese Fruit, Milk | Assorted Muffins Fruit Yogurt Fruit, Juice, Milk | Cereal Bar String Cheese Fruit, Juice, Milk |
|---|--|--|--|---|

SNACK

Price: Student - No Charge

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|--------------------------------|--------------------------------|--------------------------|----------------------------|-------------------------|
| Multi-Grain Bar Fruit Juice | Animal Crackers Fruit Juice | Sun Chips Fruit Juice | Oatmeal Bar Fruit Juice | Pretzels Fruit Juice |
|--------------------------------|--------------------------------|--------------------------|----------------------------|-------------------------|

**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**
 Note: Menus may use ingredients that contain peanuts,
 other nuts/seeds, milk, egg, soybean, and other products.

This institution is an equal opportunity provider.

Our Commitment
"Healthy Food, Healthy Message"
 We provide wholesome, delicious, real food
 that helps teach the right message to children.

ANY QUESTIONS? CONTACT:
 School Office @ 612-521-3609 or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com