

Ascension


December 2018

HOT LUNCH

Price: Student - \$3.40, Adult - \$3.65

SERVED DAILY

Regular Entrée
Fresh Green Salad - Garden, Caesar, Spinach Mix, OR Oriental
Fresh Veggies - Carrots, Broccoli, Cucumber, Tomatoes OR Celery
 Dressing/Dip
Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
3rd	4th	5th	6th	7th
Hamburger Potato Wedges Salad, Veggies, Fruit, Milk	Cheese Lasagna Dinner Roll Salad, Veggies, Fruit, Milk	Chicken Patty Sandwich Deli Coleslaw Salad, Fruit, Milk	Beef & Cheese Nachos w/ Refried Beans Salad, Fruit, Milk	Mac & Cheese Soft Breadstick Salad, Veggies, Fruit, Milk
10th	11th	12th	13th	14th
Hamburger Salad, Veggies, Fruit, Milk	Chicken Philly Hoagie Salad, Veggies, Fruit, Milk	Turkey Hot Dog Pinto Beans Salad, Fruit, Milk	Chicken Strips Steamed Corn & Roll Salad, Fruit, Milk	Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk
17th	18th	19th	20th	21st
Chicken Patty Sandwich Baked Beans Salad, Fruit, Milk	Italian Chicken Sub Salad, Veggies, Fruit, Milk	Salisbury Steak Mashed Potatoes & Biscuit Salad, Fruit, Milk	Orange Glazed Chicken Steamed Rice Salad, Veggies, Fruit Milk	Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk
24th	25th	26th	27th	28th
No School	No School	No School	No School	No School
31st				
No School				

BREAKFAST

Price: Student - \$2.00, Adult - \$2.00

SERVED DAILY

Fruit Juice - Apple, Mixed Berry, Kiwi/Strawberry
Fruit - Apple, Orange, Banana, Raisins, Applesauce
 Variety of Milk, including Skim

Breakfast Loaf String Cheese Fruit, Juice, Milk	Fruit Yogurt w/ Granola Fruit, Juice, Milk	Breakfast Cereal Fruit, Milk	Assorted Muffins Fruit, Juice, Milk	Cereal Bar String Cheese Fruit, Juice, Milk
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SNACK

Price: Student - No Charge

Multi-Grain Bar Fruit Juice	Animal Crackers Fruit Juice	Sun Chips Fruit Juice	Oatmeal Bar Fruit Juice	Pretzels Fruit Juice
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**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**
 Note: Menus may use ingredients that contain peanuts,
 other nuts/seeds, milk, egg, soybean, and other products.

This institution is an equal opportunity provider.

Our Commitment
"Healthy Food, Healthy Message"
 We provide wholesome, delicious, real food
 that helps teach the right message to children.

ANY QUESTIONS? CONTACT:
 School Office @ 612-521-3609 or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com