

# Ascension

# November 2018

## HOT LUNCH

Price: Student - \$3.40, Adult - \$3.65

### SERVED DAILY

Regular Entrée  
Fresh Green Salad - Garden, Caesar, Spinach Mix, OR Oriental  
Fresh Veggies - Carrots, Broccoli, Cucumber, Tomatoes OR Celery  
 Dressing/Dip  
Fresh Fruit - Apple, Orange, OR Banana  
 Variety of Milk, including Skim

Monday

Tuesday

Wednesday

Thursday

Friday

1st

2nd

**Done Right Food**

School & Event Catering Services



No School

No School

5th

6th

7th

8th

9th

Beef Enchilada Bake  
Soft Breadstick  
Salad, Veggies, Fruit, Milk

Chicken & Cheese Nachos  
Refried Beans  
Salad, Fruit, Milk

Hamburger  
Roasted Potatoes  
Salad, Fruit, Milk

Orange Glazed Chicken  
Steamed Rice  
Salad, Veggies, Fruit, Milk

Mac & Cheese  
Dinner Roll  
Salad, Veggies, Fruit, Milk

12th

13th

14th

15th

16th

Hamburger  
Salad, Veggies, Fruit, Milk

Chicken Philly Hoagie  
Salad, Veggies, Fruit, Milk

Turkey Hot Dog  
Pinto Beans  
Salad, Fruit, Milk

Chicken Strips  
Steamed Corn & Roll  
Salad, Fruit, Milk

Cheesy Breadsticks  
& Marinara Sauce  
Salad, Veggies, Fruit, Milk

19th

20th

21st

22nd

23rd

Meatball Hoagie  
Deli Coleslaw  
Salad, Veggies, Fruit, Milk

Swedish Meatballs  
w/ Steamed Rice  
Salad, Veggies, Fruit, Milk

No School

No School

No School

26th

27th

28th

29th

30th

Chicken Patty Sandwich  
Salad, Veggies, Fruit, Milk

Hamburger  
Baked Chips  
Salad, Veggies, Fruit, Milk

Chicken Strips  
w/ Mashed Potatoes & Roll  
Salad, Fruit, Milk

Turkey Hot Dog  
Pinto Beans  
Salad, Fruit, Milk

Cheesy Breadsticks  
& Marinara Sauce  
Salad, Veggies, Fruit, Milk

## BREAKFAST

Price: Student - \$2.00, Adult - \$2.00

### SERVED DAILY

Fruit Juice - Apple, Mixed Berry, Kiwi/Strawberry  
Fruit - Apple, Orange, Banana, Raisins, Applesauce  
 Variety of Milk, including Skim

Breakfast Loaf  
String Cheese  
Fruit, Juice, Milk

Fruit Yogurt  
w/ Granola  
Fruit, Juice, Milk

Breakfast Cereal  
String Cheese  
Fruit, Milk

Assorted Muffins  
Fruit, Juice, Milk

Cereal Bar  
String Cheese  
Fruit, Juice, Milk

## SNACK

Price: Student - No Charge

Multi-Grain Bar  
Fruit Juice

Animal Crackers  
Fruit Juice

Sun Chips  
Fruit Juice

Oatmeal Bar  
Fruit Juice

Pretzels  
Fruit Juice

**MENUS SUBJECT TO INFREQUENT CHANGE  
 BASED ON AVAILABILITY OF ITEMS**  
 Note: Menus may use ingredients that contain peanuts,  
 other nuts/seeds, milk, egg, soybean, and other products.

*This institution is an equal opportunity provider.*

**Our Commitment**  
**"Healthy Food, Healthy Message"**  
 We provide wholesome, delicious, real food  
 that helps teach the right message to children.

**ANY QUESTIONS? CONTACT:**  
 School Office @ 612-521-3609 or  
 DONE RIGHT FOOD @ 763-789-4493 or  
[www.donerightfood.com](http://www.donerightfood.com)