

Ascension

February 2019

HOT LUNCH

Price: Student - \$3.40, Adult - \$3.75

SERVED DAILY

Regular Entrée
Fresh Green Salad - Garden, Caesar, Spinach Mix, OR Oriental
Fresh Veggies - Carrots, Broccoli, Cucumber, Tomatoes OR Celery
 Dressing/Dip
Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

Monday

Tuesday

Wednesday

Thursday

Friday

1st

Done Right Food
 School & Event Catering Services



No School

4th

5th

6th

7th

8th

Chicken Philly Hoagie
 Roasted Potatoes
 Salad, Fruit, Milk
 VEG - Italian Cheese Hoagie

Beef Enchilada Bake
 Dinner Roll
 Salad, Veggies, Fruit, Milk
 VEG - Cheese Enchilada Bake

Orange Glazed Chicken
 w/ Steamed Rice
 Salad, Veggies, Fruit, Milk
 VEG - Cheese Burrito

Meatball Hoagie
 Baked Beans
 Salad, Veggies, Fruit, Milk
 VEG - Egg Salad Sub

Mac & Cheese
 Dinner Roll
 Salad, Veggies, Fruit, Milk
 VEG - Same

11th

12th

13th

14th

15th

Vegetable Beef Soup
 Corn Muffin
 Salad, Veggies, Fruit, Milk
 VEG - Vegetable Bean Soup

Chicken Alfredo
 Garlic Breadstick
 Salad, Veggies, Fruit, Milk
 VEG - Cheesy Pasta

BBQ Beef on Bun
 Potato Wedges
 Salad, Fruit, Milk
 VEG - Italian Cheese Hoagie

Chicken Fajita Wrap
 Pinto Beans
 Salad, Fruit, Milk
 VEG - Santa Fe Cheese Wrap

Cheesy Breadsticks
 & Marinara Sauce
 Salad, Veggies, Fruit, Milk
 VEG - Same

18th

19th

20th

21st

22nd

No School

Cheese Lasagna
 Dinner Roll
 Salad, Veggies, Fruit, Milk
 VEG - Same

Teriyaki Chicken Leg
 w/ Steamed Rice
 Salad, Veggies, Fruit, Milk
 VEG - Egg Salad Sub

Beef & Cheese Nachos
 w/ Baked Beans
 Salad, Fruit, Milk
 VEG - Cheese Burrito

Mac & Cheese
 Soft Breadstick
 Salad, Veggies, Fruit, Milk
 VEG - Same

25th

26th

27th

28th

White Chicken Chili
 Southern Biscuit
 Salad, Veggies, Fruit, Milk
 VEG - White Bean Chili

Swedish Meatballs w/ Pasta
 Soft Breadstick
 Salad, Veggies, Fruit, Milk
 VEG - Cheesy Pasta

Soft Shell Chicken Taco
 Pinto Beans
 Salad, Fruit, Milk
 VEG - Santa Fe Cheese Wrap

BBQ Chicken Leg
 Steamed Corn & Roll
 Salad, Fruit, Milk
 VEG - Egg Salad Sub

BREAKFAST

Price: Student - \$2.00, Adult - \$2.00

SERVED DAILY

Fruit Juice - Apple, Mixed Berry, Kiwi/Strawberry
Fruit - Apple, Orange, Banana, Raisins, Applesauce
 Variety of Milk, including Skim

Breakfast Loaf
 String Cheese
 Fruit, Juice, Milk

Fruit Yogurt
 w/ Granola
 Fruit, Juice, Milk

Breakfast Cereal
 Fruit, Juice, Milk

Assorted Muffins
 Fruit, Juice, Milk

Cereal Bar
 String Cheese
 Fruit, Milk

SNACK

Price: Student - No Charge

Multi-Grain Bar
 Fruit Juice

Animal Crackers
 Fruit Juice

Sun Chips
 Fruit Juice

Oatmeal Bar
 Fruit Juice

Pretzels
 Fruit Juice

**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**
 Note: Menus may use ingredients that contain peanuts,
 other nuts/seeds, milk, egg, soybean, and other products.

This institution is an equal opportunity provider.

Our Commitment
"Healthy Food, Healthy Message"
 We provide wholesome, delicious, real food
 that helps teach the right message to children.

ANY QUESTIONS? CONTACT:
 School Office @ 612-521-3609 or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com