

# Ascension

## March 2019

### HOT LUNCH

Price: Student - \$3.40, Adult - \$3.75

#### SERVED DAILY

Regular Entrée  
Fresh Green Salad - Garden, Caesar, Spinach Mix, OR Oriental  
Fresh Veggies - Carrots, Broccoli, Cucumber, Tomatoes OR Celery  
 Dressing/Dip  
Fresh Fruit - Apple, Orange, OR Banana  
 Variety of Milk, including Skim

Monday

Tuesday

Wednesday

Thursday

Friday

1st

**Done Right Food**  
 School & Event Catering Services



Cheesy Breadsticks  
 & Marinara Sauce  
 Salad, Veggies, Fruit, Milk

4th

5th

6th

7th

8th

BBQ Meatball Hoagie  
 Baked Beans  
 Salad, Fruit, Milk

Chicken Mostaccioli  
 Garlic Breadstick  
 Salad, Veggies, Fruit, Milk

Cheese Enchilada Bake  
 Corn Salad  
 Salad, Fruit, Milk

Soft Shell Turkey Taco  
 Spanish Rice  
 Salad, Veggies, Fruit, Milk

Mac & Cheese  
 Dinner Roll  
 Salad, Veggies, Fruit, Milk

11th

12th

13th

14th

15th

BBQ Beef on Bun  
 Potato Wedges  
 Salad, Fruit, Milk

Chicken Alfredo  
 Garlic Breadstick  
 Salad, Veggies, Fruit, Milk

Turkey Enchilada Bake  
 Dinner Roll  
 Salad, Veggies, Fruit, Milk

Santa Fe Chicken Wrap  
 Pinto Beans  
 Salad, Fruit, Milk

Cheesy Breadsticks  
 & Marinara Sauce  
 Salad, Veggies, Fruit, Milk

18th

19th

20th

21st

22nd

Swedish Meatballs  
 w/ Mashed Potatoes & Roll  
 Salad, Veggies, Fruit, Milk

Soft Shell Chicken Taco  
 Baked Beans  
 Salad, Veggies, Fruit, Milk

Cheese Lasagna  
 Soft Breadstick  
 Salad, Veggies, Fruit, Milk

Teriyaki Chicken Leg  
 Steamed Rice  
 Salad, Veggies, Fruit, Milk

Mac & Cheese  
 Dinner Roll  
 Salad, Veggies, Fruit, Milk

25th

26th

27th

28th

29th

Vegetable Beef Soup  
 Corn Muffin  
 Salad, Veggies, Fruit, Milk

Chicken Philly Hoagie  
 Potato Wedges  
 Salad, Fruit, Milk

Italian Pasta w/ Meatballs  
 Dinner Roll  
 Salad, Veggies, Fruit, Milk  
 VEG - Cheesy Mostaccioli

Chicken Fajita Wrap  
 Pinto Beans  
 Salad, Fruit, Milk

Cheesy Breadsticks  
 & Marinara Sauce  
 Salad, Veggies, Fruit, Milk

### BREAKFAST

Price: Student - \$2.00, Adult - \$2.00

#### SERVED DAILY

Fruit Juice - Apple, Mixed Berry, Kiwi/Strawberry  
Fruit - Apple, Orange, Banana, Raisins, Applesauce  
 Variety of Milk, including Skim

Breakfast Loaf  
 String Cheese  
 Fruit, Juice, Milk

Fruit Yogurt  
 w/ Granola  
 Fruit, Juice, Milk

Breakfast Cereal  
 Fruit, Juice, Milk

Assorted Muffins  
 Fruit, Juice, Milk

Cereal Bar  
 String Cheese  
 Fruit, Milk

### SNACK

Price: Student - No Charge

Multi-Grain Bar  
 Fruit Juice

Animal Crackers  
 Fruit Juice

Sun Chips  
 Fruit Juice

Oatmeal Bar  
 Fruit Juice

Pretzels  
 Fruit Juice

**MENUS SUBJECT TO INFREQUENT CHANGE  
 BASED ON AVAILABILITY OF ITEMS**  
 Note: Menus may use ingredients that contain peanuts,  
 other nuts/seeds, milk, egg, soybean, and other products.

*This institution is an equal opportunity provider.*

#### Our Commitment

**"Healthy Food, Healthy Message"**  
 We provide wholesome, delicious, real food  
 that helps teach the right message to children.

**ANY QUESTIONS? CONTACT:**  
 School Office @ 612-521-3609 or  
 DONE RIGHT FOOD @ 763-789-4493 or  
[www.donerightfood.com](http://www.donerightfood.com)