

Ascension


April 2019

HOT LUNCH

Price: Student - \$3.40, Adult - \$3.75

SERVED DAILY

Regular Entrée
Fresh Green Salad - Garden, Caesar, Spinach Mix, OR Oriental
Fresh Veggies - Carrots, Broccoli, Cucumber, Tomatoes OR Celery
 Dressing/Dip
Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
1st	2nd	3rd	4th	5th
No School	No School	No School	No School	No School
8th	9th	10th	11th	12th
White Chicken Chili Southern Biscuit Salad, Veggies, Fruit, Milk VEG - White Bean Chili	BBQ Meatball Hoagie Roasted Potatoes Salad, Fruit, Milk VEG - Italian Cheese Hoagie	Soft Shell Turkey Taco Pinto Beans Salad, Fruit, Milk VEG - Santa Fe Cheese Wrap	Teriyaki Chicken Leg Steamed Rice Salad, Veggies, Fruit, Milk VEG - Egg Salad Sub	Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk VEG - Same
15th	16th	17th	18th	19th
BBQ Chicken on Bun Baked Beans Salad, Fruit, Milk VEG - Egg Salad on Bun	Salisbury Steak Steamed Corn & Biscuit Salad, Fruit, Milk VEG - Multi-Cheese Sand	Chicken Enchilada Bake Soft Breadstick Salad, Veggies, Fruit, Milk VEG - Cheese Enchilada Bake	Turkey & Cheese Nachos Spanish Rice Salad, Veggies, Fruit Milk VEG - Cheese Burrito	No School
22nd	23rd	24th	25th	26th
Meatball Hoagie Baked Chips Salad, Veggies, Fruit, Milk VEG - Egg Salad Sub	Santa Fe Chicken Wrap Pinto Beans Salad, Fruit, Milk VEG - Santa Fe Cheese Wrap	BBQ Beef on Bun Potato Wedges Salad, Fruit, Milk VEG - Italian Cheese Hoagie	Chicken Alfredo Garlic Breadstick Salad, Veggies, Fruit, Milk VEG - Cheesy Pasta	Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk VEG - Same
29th	30th			
Soft Shell Chicken Taco Corn Salad Salad, Fruit, Milk VEG - Cheese Burrito	Turkey Enchilada Bake Dinner Roll Salad, Veggies, Fruit, Milk VEG - Cheese Enchilada Bake			

BREAKFAST

Price: Student - \$2.00, Adult - \$2.00

SERVED DAILY

Fruit Juice - Apple, Mixed Berry, Kiwi/Strawberry
Fruit - Apple, Orange, Banana, Raisins, Applesauce
 Variety of Milk, including Skim

Breakfast Loaf String Cheese Fruit, Juice, Milk	Fruit Yogurt w/ Granola Fruit, Juice, Milk	Breakfast Cereal Fruit, Milk	Assorted Muffins Fruit, Juice, Milk	Cereal Bar String Cheese Fruit, Juice, Milk
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SNACK

Price: Student - No Charge

Multi-Grain Bar Fruit Juice	Animal Crackers Fruit Juice	Sun Chips Fruit Juice	Oatmeal Bar Fruit Juice	Pretzels Fruit Juice
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**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**
 Note: Menus may use ingredients that contain peanuts,
 other nuts/seeds, milk, egg, soybean, and other products.

This institution is an equal opportunity provider.

Our Commitment
"Healthy Food, Healthy Message"
 We provide wholesome, delicious, real food
 that helps teach the right message to children.

ANY QUESTIONS? CONTACT:
 School Office @ 612-521-3609 or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com