

Ascension

October 2019

HOT LUNCH

Price: Student - \$3.40, Adult - \$3.75

SERVED DAILY

Regular Entrée
Fresh Green Salad - Garden, Caesar, Spinach Mix, OR Oriental
Fresh Veggies - Carrots, Broccoli, Cucumber, Tomatoes OR Celery
 Dressing/Dip
Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Swedish Meatballs w/ Steamed Rice Salad, Veggies, Fruit, Milk	Turkey Hot Dog Salad, Veggies, Fruit, Milk	Beef & Cheese Nachos Pinto Beans Salad, Fruit, Milk	Cheesy Breadsticks w/ Marinara Sauce Salad, Veggies, Fruit, Milk
7	8	9	10	11
BBQ Beef on Bun Roasted Potatoes Salad, Fruit, Milk	Italian Sloppy Joe Salad, Veggies, Fruit, Milk	Cheeseburger Salad, Veggies, Fruit, Milk	Chicken & Cheese Nachos Baked Beans Salad, Veggies, Fruit, Milk	Turkey Hot Dog Salad, Veggies, Fruit, Milk
14	15	16	17	18
Meatball Hoagie Potato Wedges Salad, Fruit, Milk	Turkey Hot Dog Pinto Beans Salad, Fruit, Milk	No School	No School	No School
21	22	23	24	25
Beef & Cheese Nachos Baked Beans Salad, Veggies, Fruit, Milk	Chicken Strips w/ Steamed Corn & Roll Salad, Fruit, Milk	Meatball Hoagie Salad, Veggies, Fruit, Milk	Chicken Patty Sandwich Salad, Veggies, Fruit, Milk	Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk
28	29	30	31	
Salisbury Steak w/ Mashed Potatoes & Biscuit Salad, Fruit, Milk	Cheeseburger Salad, Veggies, Fruit, Milk	Italian Sloppy Joe Baked Chips Salad, Veggies, Fruit, Milk	Chicken & Cheese Nachos Baked Beans Salad, Veggies, Fruit, Milk	

BREAKFAST

Price: Student - \$2.00, Adult - \$2.00

SERVED DAILY

Fruit Juice - Apple, Mixed Berry, Kiwi/Strawberry
Fruit - Apple, Orange, Banana, Raisins, Applesauce
 Variety of Milk, including Skim

Breakfast Loaf String Cheese Fruit, Juice, Milk	Fruit Yogurt w/ Granola Fruit, Juice, Milk	Breakfast Cereal Fruit, Juice, Milk	Assorted Muffins Fruit, Juice, Milk	Cereal Bar String Cheese Fruit, Milk
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SNACK

Price: Student - No Charge

Multi-Grain Bar Fruit Juice	Animal Crackers Fruit Juice	Sun Chips Fruit Juice	Oatmeal Bar Fruit Juice	Pretzels Fruit Juice
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Done Right Food

School & Event Catering Services



**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain peanuts,
 other nuts/seeds, milk, egg, soybean, and other products.

This institution is an equal opportunity provider.

Our Commitment

“Healthy Food, Healthy Message”

We provide wholesome, delicious, real food
 that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office @ 612-521-3609 or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com