

Ascension

October 2020

BREAKFAST

Price: Student - \$2.00

SERVED DAILY

Fruit Juice - Apple, Mixed Berry, Kiwi/Strawberry, Orange, Fruit Punch
 Fresh Fruit - Apple, Orange, Pears, Raisins, Craisins, Applesauce
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Cinnamon Roll Fruit/Juice, Milk	Breakfast Loaf String Cheese Fruit/Juice, Milk
5	6	7	8	9
Breakfast Cereal Fruit/Juice, Milk	Mini Waffles Fruit/Juice, Milk	Assorted Muffins String Cheese Fruit/Juice, Milk	French Toast Fruit/Juice, Milk	Breakfast Cereal String Cheese Fruit/Juice, Milk
12	13	14	15	16
Mini Bagel w/ Cinnamon Creamy Cheese Fruit/Juice, Milk	Breakfast Cereal String Cheese Fruit/Juice, Milk	No School	No School	No School
19	20	21	22	23
Breakfast Cereal Fruit/Juice, Milk	Mini Waffles Fruit/Juice, Milk	Assorted Muffins String Cheese Fruit/Juice, Milk	French Toast Fruit/Juice, Milk	Breakfast Cereal String Cheese Fruit/Juice, Milk
26	27	28	29	30
Mini Bagel w/ Cinnamon Creamy Cheese Fruit/Juice, Milk	Breakfast Cereal String Cheese Fruit/Juice, Milk	Mini Pancakes Fruit/Juice, Milk	Cinnamon Roll Fruit/Juice, Milk	Breakfast Loaf String Cheese Fruit/Juice, Milk

**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**
 Note: Menus may use ingredients that contain peanuts,
 other nuts/seeds, milk, egg, soybean, and other products.

This institution is an equal opportunity provider.

Our Commitment
“Healthy Food, Healthy Message”
 We provide wholesome, delicious, real food
 that helps teach the right message to children.

ANY QUESTIONS? CONTACT:
 School Office @ 612-521-3609 or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com