

Ascension

September 2021

BREAKFAST

PRICE: STUDENT - \$2.00

SERVED DAILY

Regular Entrée and/or Meatless/Vegetarian Alternate Entrée
 Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach
 Low Fat Dressing/Dip
 Fruit - Apple, Orange, Pear, Banana, Raisins, Craisins, OR Applesauce Cup
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
Sept 6	Sept 7	Sept 8	Sept 9	Sept 10
Labor Day	Breakfast Cereal	Mini French Toast	Cinnamon Roll	Mini Waffles
	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice
Sept 13	Sept 14	Sept 15	Sept 16	Sept 17
Granola	Mini Bagel w/ Cinnamon Cream Cheese	Breakfast Cereal	Breakfast Loaf	Cinnamon Roll
Fruit Yogurt			Boiled Egg	
Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice
Sept 20	Sept 21	Sept 22	Sept 23	Sept 24
Breakfast Cereal	Mini French Toast	Assorted Muffins	Cinnamon Roll	Mini Waffles
		String Cheese		
Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice
Sept 27	Sept 28	Sept 29	Sept 30	
Granola	Mini Bagel w/ Cinnamon Cream Cheese	Breakfast Cereal	Breakfast Loaf	
Fruit Yogurt			Boiled Egg	
Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	

**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products.

All Done Right Food meals are Pork-Free.

This institution is an equal opportunity provider.

Done Right Food
 School & Event Catering Services



Our Commitment

"Healthy Food, Healthy Message"
 We provide wholesome, delicious, real food that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office @ xxx-xxx-xxxx or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com