

Ascension

SEPTEMBER 2021

HOT LUNCH

PRICE: STUDENT - \$3.50

SERVED DAILY

Regular Entrée and/or Meatless/Vegetarian Alternate Entrée
 Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach
 Low Fat Dressing/Dip
 Fruit - Apple, Orange, Pear, Banana, Raisins, Craisins, OR Applesauce Cup
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
Sept 6	Sept 7	Sept 8	Sept 9	Sept 10
Labor Day	BBQ Chicken on Bun Potato Wedges Salad, Fruit, Milk BBQ Tofu on Bun	Pasta w/ Meatsauce Soft Breadstick Salad, Veggies, Fruit, Milk Italian Pasta w/ Tofu	Chicken Shawarma Steamed Rice Salad, Veggies, Fruit, Milk Hummus w/ Pita	Mac & Cheese Soft Breadstick Salad, Veggies, Fruit, Milk Same
Sept 13	Sept 14	Sept 15	Sept 16	Sept 17
Chicken Alfredo Dinner Roll Salad, Veggies, Fruit, Milk Cheesy Pasta	Meatball Sub Pinto Beans Salad, Fruit, Milk Multi-Cheese Melt (Baked Chips)	Orange Chicken Steamed Rice Salad, Veggies, Fruit, Milk Orange Glazed Tofu	Soft Shell Beef Taco Steamed Corn Salad, Fruit, Milk Cheese Quesadilla	Cheese Lasagna Soft Breadstick Salad, Veggies, Fruit, Milk Same
Sept 20	Sept 21	Sept 22	Sept 23	Sept 24
BBQ Chicken on Bun Baked Beans Salad, Fruit, Milk Multi-Cheese Melt	Turkey & Cheese Enchilada Bake Steamed Corn Salad, Fruit, Milk Cheese Enchilada Bake	Pasta w/ Meatballs Dinner Roll Salad, Veggies, Fruit, Milk Italian Pasta w/ Tofu	Chicken Shawarma Wrap Baked Chips Salad, Veggies, Fruit, Milk Hummus w/ Tortilla Chips	Cheesy Breadsticks Marinara Sauce Salad, Veggies, Fruit, Milk Same
Sept 27	Sept 28	Sept 29	Sept 30	
Sloppy Joe Potato Wedges Salad, Fruit, Milk BBQ Tofu on Bun	Soft Shell Chicken Taco Pinto Beans Salad, Fruit, Milk Cheese Quesadilla	Turkey & Cheese Melt Salad, Veggies, Fruit, Milk Multi-Cheese Melt	Tandoori Chicken Leg Steamed Rice Salad, Veggies, Fruit, Milk Orange Glazed Tofu	

**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products.

All Done Right Food meals are Pork-Free.

This institution is an equal opportunity provider.

Done Right Food
 School & Event Catering Services



Our Commitment

"Healthy Food, Healthy Message"
 We provide wholesome, delicious, real food that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office @ xxx-xxx-xxxx or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com