

Ascension

NOVEMBER

HOT LUNCH

PRICE: STUDENT - \$3.75

SERVED DAILY

Regular Entrée and/or Meatless/Vegetarian Alternate Entree, Sandwich of the Day
 Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach
 Low Fat Dressing/Dip
 Fruit - Apple, Orange, Pear, Banana, Raisins, Craisins, OR Applesauce Cup
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
	Nov 1	Nov 2	Nov 3	Nov 4
	Mac & Cheese	Tandoori Chicken Leg	Chicken Nachos	
	Soft Breadstick	Steamed Rice	Corn Salsa	No School
	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	
Nov 7	Nov 8	Nov 9	Nov 10	Nov 11
BBQ Chicken on Bun	Beef & Cheese Lasagna	Chicken Philly Hoagie	Beef Enchilada Bake	Chicken Mostaccioli
Potato Wedges	Soft Breadstick	Pinto Beans		Dinner Roll
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
Nov 14	Nov 15	Nov 16	Nov 17	Nov 18
Sloppy Joe	Cheesy Breadsticks	Chicken Alfredo	Soft Shell Beef Taco	Teriyaki Chicken Bowl
Baked Beans	Marinara Sauce	Dinner Roll	w/ Corn Salad	(w/ Yellow Rice)
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk
Nov 21	Nov 22	Nov 23	Nov 24	Nov 25
BBQ Chicken on Bun	Mac & Cheese			
Baked Beans	Soft Breadstick	No School	No School	No School
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk			
Nov 28	Nov 29	Nov 30		
Chicken Philly Hoagie	Cheese Lasagna	Beef Nachos		
Potato Wedges	Soft Breadstick	Pinto Beans		
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk		

**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products.

All Done Right Food meals are Pork-Free.

This institution is an equal opportunity provider.



Our Commitment

“Healthy Food, Healthy Message”
 We provide wholesome, delicious, real food that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office or
 DONE RIGHT FOOD @ 763-789-4493 or
 www.donerightfood.com