## **Ascension**

HOT LUNCH SEPTEMBER 23-24 PRICES: STUDENT - No Charge, ADULT - \$XX.XX

**SERVED DAILY** 

"Regular Entrée and/or Meatless/Vegetarian Alternate Entree"

Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach, Hummus Low Fat Dressing/Dip

le, Orange, Pear, Banana, Raisins, Craisins, Applesauce Cup, OR Assorted Fruit Juice

Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
Sep 4	Sep 5	Sep 6	Sep 7	Sep 8
	Sloppy Joe	Chicken Quesadilla	Tandoori Chicken Leg	Pasta w/ Meatsauce
No School	Baked Beans	Corn Salsa	Yellow Rice	Garlic Breadstick
	Salad, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
Sep 11	Sep 12	Sep 13	Sep 14	Sep 15
Chicken Shawarma Wrap	Cheesy Breadsticks	Enchilada Bake (Turk/Beef)	Orange Chicken	Pasta w/ Meatballs
Chickpea Salad	Marinara Sauce	Steamed Corn	Steamed Rice	Garlic Toast
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
Sep 18	Sep 19	Sep 20	Sep 21	Sep 22
BBQ Chicken on Bun	Mac & Cheese	Beef Nachos	Chicken Curry	Beef Lasagna
Baked Beans	Soft Breadstick	Corn Salsa	Steamed Rice	Garlic Breadstick
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
Sep 25	Sep 26	Sep 27	Sep 28	Sep 29
	Chicken Lasagna	Walking Taco	Marinated Chicken Leg	Chicken Mostaccioli
No School	Dinner Roll	Bean & Corn Salad	Yellow Rice	Garlic Toast
	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk

## MENUS SUBJECT TO INFREQUENT CHANGE BASED ON AVAILABILITY OF ITEMS

Note: Menus may use ingredients that contain nuts/seeds, milk, egg, soybean, and other products.

All Done Right Food meals are Pork-Free.

This institution is an equal opportunity provider.



## **Our Commitment**

"Healthy Food, Healthy Message"
We provide wholesome, delicious, real food
that helps teach the right message to children.

## **ANY QUESTIONS? CONTACT:**

School Office @ xxx-xxx-xxxx or DONE RIGHT FOOD @ www.donerightfood.com