

# ASCENSION SCHOOL

**HOT LUNCH**

**SEPTEMBER 24-25**

**PRICES: STUDENT - No Charge**

**SERVED DAILY**

"Regular Entrée and/or Meatless/Vegetarian Alternate Entree"  
 Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach, Hummus  
 Low Fat Dressing/Dip  
 Fruit - Apple, Orange, Pear, Banana, Raisins, Craisins, Applesauce Cup, OR Assorted Fruit Juice  
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Sept 2</b>	<b>Sept 3</b>	<b>Sept 4</b>	<b>Sept 5</b>	<b>Sept 6</b>
<b>LABOR DAY</b>	Chicken Strips	Cheeseburger	Chicken Patty Sandwich	Mac & Cheese
	Mashed Potatos & Roll		Bean & Corn Salad	Garlic Breadstick
	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk
<b>Sept 9</b>	<b>Sept 10</b>	<b>Sept 11</b>	<b>Sept 12</b>	<b>Sept 13</b>
Orange Chicken	Chicken Strips	Chicken Patty Sandwich	Turkey Hot Dog	Cheesy Breadsticks
Steamed Rice	Mashed Potatoes & Roll	Baked Beans	Deli Coleslaw	Marinara Sauce
Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
<b>Sept 16</b>	<b>Sept 17</b>	<b>Sept 18</b>	<b>Sept 19</b>	<b>Sept 20</b>
Pancakes w/ Sausage	Cheeseburger	Walking Taco	Chicken Corn Dog	Beef Nachos
Potato Wedges		Pinto Beans		Salsa
Potato Wedges		Pinto Beans		
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
<b>Sept 23</b>	<b>Sept 24</b>	<b>Sept 25</b>	<b>Sept 26</b>	<b>Sept 27</b>
Chicken Corn Dog	Chicken Patty Sandwich	Cheeseburger	Turkey Hot Dog	Cheesy Breadsticks
Steamed Corn		Sweet Potato Wedges	Baked Beans	Marinara Sauce
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk
<b>Sept 30</b>	<b>Oct 1</b>	<b>Oct 2</b>	<b>Oct 3</b>	<b>Oct 4</b>
Pancakes w/ Sausage	Mac & Cheese WG	Italian Meatball Hoagie	Beef Nachos	Marinated Chicken Leg
Potato Wedges	Soft Breadstick	Steamed Carrots	Bean & Corn Salad	Yellow Rice
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Fruit, Milk

**MENUS SUBJECT TO INFREQUENT CHANGE  
BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain  
nuts/seeds, milk, egg, soybean,  
and other products.

All Done Right Food meals are Pork-Free.

*This institution is an equal opportunity provider.*

**Our Commitment**

“Healthy Food, Healthy Message”

We provide wholesome, delicious, real food  
that helps teach the right message to children.

**ANY QUESTIONS? CONTACT:**

School Office or  
DONE RIGHT FOOD @  
[www.donerightfood.com](http://www.donerightfood.com)