

# Ascension Catholic School

## BREAKFAST

OCTOBER 25-26

PRICES: STUDENT - No Charge

SERVED DAILY

Fresh Fruit - Variety of Apples, Banana, Pear, Orange, Craisins, Raisins, Applesauce, Fruit Cup AND/OR  
Fruit Juice - Apple, Grape, Berry, Strawberry Kiwi, Orange  
Variety of Milk, including Skim

| Monday   | Tuesday  | Wednesday  | Thursday  | Friday   |
|--|--|--|---|--|
|  |  | <b>Oct 1</b>                                       | <b>Oct 2</b>  | <b>Oct 3</b>   |
|  |  | Granola<br>Fruit Yogurt<br>Fruit/Fruit Juice, Milk | Mini Bagel w/ Cream Cheese<br><br>Fruit/Fruit Juice, Milk | <b>No School</b>   |
| <b>Oct 6</b>   | <b>Oct 7</b>   | <b>Oct 8</b>                                       | <b>Oct 9</b>  | <b>Oct 10</b>  |
| Oatmeal Round<br><br>Fruit/Fruit Juice, Milk                 | Breakfast Loaf<br>String Cheese<br>Fruit/Fruit Juice, Milk | Breakfast Cereal<br><br>Fruit/Fruit Juice, Milk    | Mini Waffle<br><br>Fruit/Fruit Juice, Milk                | Cereal Bar<br>String Cheese<br>Fruit/Fruit Juice, Milk       |
| <b>Oct 13</b>  | <b>Oct 14</b>  | <b>Oct 15</b>                                      | <b>Oct 16</b>   | <b>Oct 17</b>  |
| Cereal, Cinnamon Toast Crunch<br><br>Fruit/Fruit Juice, Milk | Apple Frudel<br><br>Fruit/Fruit Juice, Milk                | Granola<br>Fruit Yogurt<br>Fruit/Fruit Juice, Milk | <b>No School</b>  | <b>No School</b>   |
| <b>Oct 20</b>  | <b>Oct 21</b>  | <b>Oct 22</b>                                      | <b>Oct 23</b>   | <b>Oct 24</b>  |
| Oatmeal Round<br><br>Fruit/Fruit Juice, Milk                 | Breakfast Loaf<br>String Cheese<br>Fruit/Fruit Juice, Milk | Breakfast Cereal<br><br>Fruit/Fruit Juice, Milk    | Mini Waffle<br><br>Fruit/Fruit Juice, Milk                | Cereal Bar<br>String Cheese<br>Fruit/Fruit Juice, Milk       |
| <b>Oct 27</b>  | <b>Oct 28</b>  | <b>Oct 29</b>                                      | <b>Oct 30</b>   | <b>Oct 31</b>  |
| Breakfast Cereal<br><br>Fruit/Fruit Juice, Milk              | Apple Frudel<br><br>Fruit/Fruit Juice, Milk                | Granola<br>Fruit Yogurt<br>Fruit/Fruit Juice, Milk | Mini Bagel w/ Cream Cheese<br><br>Fruit/Fruit Juice, Milk | Assorted Muffins<br>String Cheese<br>Fruit/Fruit Juice, Milk |

### MENUS SUBJECT TO INFREQUENT CHANGE BASED ON AVAILABILITY OF ITEMS

Note: Menus may use ingredients that contain  
nuts/seeds, milk, egg, soybean,  
and other products.

All Done Right Food meals are Pork-Free.

*This institution is an equal opportunity provider.*

### Our Commitment

"Healthy Food, Healthy Message"

We provide wholesome, delicious, real food  
that helps teach the right message to children.

### ANY QUESTIONS? CONTACT:

School Office or  
DONE RIGHT FOOD @  
[www.donerightfood.com](http://www.donerightfood.com)